

# EARLY BIRD MENU

| STARTER AND MAIN 32.50 ADD ANY DESSERT 6.50 |

MON TO SAT 5PM-6.30PM SUNDAY 3PM-5.00PM

PEOPLE'S  
RESTAURANT-CAVAN  
SINCE 2016

## APPETISERS

### ★ "GARLIC MUSHROOM"



OYSTER MUSHROOM TERRINE IN GLUTEN FREE CRUMBS, HOME MADE HASH BROWN, HOLLANDAISE.

CONTAINS: | E | MI | SU |

### ★ STICKY BBQ PORK CHUNKS

SLOW COOKED PORK BELLY CRISP FRIED WITH PEOPLE'S ASIAN BBQ SAUCE, CELERY EMULSION, CHILLI CRUMBS, CRISPY PORK SKIN.

CONTAINS: | S | E | SU | SO |

### PEOPLE'S HOUSE MADE BLACK PUDDING

SERVED ON IRISH BUTTER BREAD TOAST, GUINNESS & VEGETABLE CHUTNEY, BABY SPINACH, BLACK PUDDING TUILLE, HERB INFUSED OIL.

CONTAINS: | MI | E | SU | G - WHEAT |

### ★ SPICY BUFFALO WINGS

BRAISED IRISH CHICKEN WINGS, CRISP FRIED IN OUR SPICY, CITRUS BUFFALO SAUCE, CELERY STICKS. BLUE CHEESE DIP

CONTAINS: | E | MI | M | C |

### ★ GOATS CHEESE CANNOLI



WHIPPED BEETROOT, HONEY & THYME INFUSED GOATS CHEESE, CANDIED WALNUTS, BEETROOT CARPACIO, ORANGE SEGMENTS.

CONTAINS: | MI | N - WALNUTS | SU |

### ★ ONION BHAJI (VEGAN)



CRISP FRIED INDIAN SPICED ONIONS WITH CUCUMBER GEL, TOMATO & HERB SAMBAL, CRISP FERMENTED GARLIC.

CONTAINS: | S |

### ★ SATAY CHICKEN

BUTTER MILK & INDIAN SPICE MARINATED CHICKEN PIECES IN SATAY SAUCE, INDIAN SPICED VEGETABLE PICKLE.

CONTAINS: | P | MI |

### ★ GINGER BEER BATTERED PRAWNS | SUPPLEMENT 2.00 |

SERVED WITH CHILLI MAYO, ASIAN PICKLED SALSA, PIRI PIRI DIP, CHILLI & GARLIC OIL

CONTAINS: | CR | F | E | S | SO | SU |

OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

ALL OUR BEEF IS 100% IRISH |

## SIDES

HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS  
MIXED LEAF SALAD | BASMATI RICE | ONION RINGS  
STEAMED VEG TOSSED IN GARLIC BUTTER

## MAINS

### ★ "KFC" KOREAN FRIED CHICKEN

CRISPY FRIED CHICKEN BREAST PIECES, TOSSED IN KOREAN HOT SAUCE, WITH CHILLI, SHALLOT & GARLIC OIL DRIZZLE, TOASTED PEANUTS, ASIAN STYLE SALAD, CHILLI MAYO. CHOICE OF SIDE.

CONTAINS: | SO | S | P - PEANUTS | F |

### ★ SLOW COOKED PORK BELLY ROULADE

LIGHTLY SPICED FILIPINO PORK BELLY, SERVED WITH KIMCHI CREAM, MISO GLAZED CABBAGE, ROASTED RED PEPPER PURÉE, PARSNIP CRISPS, CHOICE OF SIDE.

CONTAINS: | C | SO | SU | MI | F | CR |

### ★ SUPREME OF IRISH CHICKEN

BRINED CHICKEN SUPREME SERVED WITH BUTTERED POTATOES, MANGE TOUT, BLACK PUDDING CRUMB, MUSHROOM PUREE, ROAST SWEET CORN SAUCE, POTATO TUILLE.

CONTAINS: | MI | SU | C |

### PEOPLE'S SMOKEY BEEF BURGER

6OZ BEEF ON HOME MADE IRISH BUTTER BUN, HOUSE SMOKED PORK NECK, CHEDDAR CHEESE MELT, SHALLOT & CHILLI JAM, FERMENTED GARLIC MAYONNAISE. HOME MADE CHIPS.

CONTAINS: | G - WHEAT | E | MI | M |

### CHICKEN BURGER

SPICED CHICKEN FILLET IN PARMESAN & CHICKPEA CRUST IN HOME MADE IRISH BUTTER BUN, PICKLED CUCUMBER, SMOKED BACON MAYO, SALAD & CRISPY SHALLOTS. HOME MADE CHIPS.

CONTAINS: | G - WHEAT | E | MI | SU | M | SO |

### ★ SPICED CAULIFLOWER STEAK (VEGAN)



PANFRIED LIGHTLY SPICED CAULIFLOWER, CAULIFLOWER COUS COUS, CAULIFLOWER TUILLE, SHALLOT & CHILLI RELISH, INDIAN SPICED COCONUT CURRY. CHOICE OF SIDE.

CONTAINS: | MI |

### ★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.50 |

CHICKEN OR VEGETABLE. WOK-FRIED VEGETABLES, COCONUT, HOMEMADE THAI CURRY PASTE. SERVED WITH RICE OR CHIPS.

CONTAINS: | F | MI | S | CR |

### ★ GINGER BEER BATTERED FISH 'N CHIPS

FRESH TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE AND CHILLI MINT MUSHY PEAS.

CONTAINS: | E | F | MI |

### ★ GOAT'S CHEESE & BEETROOT STACKER

CARAMELISED GOAT'S CHEESE SLICES, PICKLED RED BEETROOT, CANDIED WALNUTS, POACHED PEAR, DRESSED LEAVES &

CHOICE OF SIDE. CONTAINS: | MI | N - WALNUTS | SU |

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |