


# EARLY BIRD MENU

| STARTER AND MAIN 29.00 ADD ANY DESSERT 6.50 |

MON TO SAT 5PM-6.30PM SUNDAY 3PM-5.00PM

## APPETISERS

### MUSHROOM ON TOAST

 SERVED ON GARLIC FOCACCIA WILD MUSHROOM RAGU, HOLLANDAISE SAUCE AND MARINATED TOMATO AND HERB CRUST  
CONTAINS: | E | MI | G |

### CRISPY CAULIFLOWER WINGS (VEGAN)

CRISPY COATED CAULIFLOWER FLORETTES IN OUR OWN VEGAN BUFFALO SAUCE SERVED WITH CAPER & HERB SALSA VERDE.  
CONTAINS: | SU |


### PEOPLES HOME MADE BLACK PUDDING

HOUSE MADE BLACK PUDDING SERVED ON TOP OF CHARRED BRIOCHE, RED ONION MARMALADE, SMOKEY BACON MAYO AND CANDIED HAZELNUTS  
CONTAINS: | MI | M | E | SU | N | G | GLUTEN FREE BRIOCHE AVAILABLE


### ★ SPICY BUFFALO WINGS

CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, BLUE CHEESE & CHIVE DIP TOPPED WITH FRESH CHIVES.  
CONTAINS: | E | MI | M |

### ★ CAVANBERT CHEESE

 LOCALLY PRODUCED CAMEMBERT CHEESE IN PANCO CRUMB, ROASTED RED PEPPER AND BALSAMIC WALLNUTS  
CONTAINS: | E | MI | N | M | SO |

### ★ ONION BHAI STACKER (VEGAN)

 INDIAN STYLE ONION & POTATO CRISPY PANCAKES, LOADED WITH CHILI & GARLIC SPINACH, PICKLED CUCUMBER AND BEETROOT, TAHINI DRESSING AND HUMMUS.  
CONTAINS: | SU | S |

## DESSERTS ADD ANY DESSERT 6.50

### WARM APPLE & BERRY CRUMBLE

HOUSE CUSTARD & VANILLA ICE CREAM. CONTAINS: | G- OAT | E | MI |

### ★ VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE

WITH BERRY COMPOTE. CONTAINS: | E | MI |

### BREAD & BUTTER PUDDING

CONTAINS: | G- | E | MI |  
BRIOCHE BREAD, BRANDY CUSTARD AND BROWN BREAD ICE CREAM

### STICKY TOFFEE PUDDING

CONTAINS: | E | MI | G- WHEAT |  
SALTED CARAMEL SAUCE, CARAMELISED APPLE & VANILLA ICE CREAM.

### HONEY AND IRISH WHISKEY CRÈME BRULÉE

CONTAINS: | E | MI | G- WHEAT |  
HONEY AND WHISKEY BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.

★ | GLUTEN FREE WITHOUT BISCUIT |

### CHEESECAKE OF THE NIGHT

CONTAINS: | G | MI |.

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |  
| ALL OUR BEEF IS 100% IRISH |

**ALLERGENS:** CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |

# PEOPLE'S

RESTAURANT - CAVAN

SINCE 2016

## MAINS

### ★ SLOW COOKED BEEF CHEEK | SUPPLEMENT €2.00 |

TARRAGON & GARLIC MASH, GARLIC & THYME ROASTED VEG, CARAMELIZED SHALLOTS, RICH RED WINE JUS AND CRISPY KALE.  
CONTAINS: | MI | SU | C |

### ASIAN STYLE STICKY BBQ PORK CHUNKS

PORK BELLY IN OUR OWN STICKY BBQ SAUCE GARNISHED WITH SESAME SEEDS SERVED WITH ASIAN SLAW, PICKLED SALAD AND CHOICE OF SIDE  
CONTAINS: | S | MI | M | N | C | G | GLUTEN FREE AVAILABLE WITH NO SAUCE |

### ★ SUPREME OF IRISH CHICKEN

SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN, PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB & WHITE WINE CREAM SAUCE.  
CONTAINS: | MI | SU | SO |

### PEOPLE'S BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE CHARGRILLED AND SERVED IN A BRIOCHE BUN WITH SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.  
CONTAINS: | G- WHEAT | E | MI | M |

### PEOPLE'S PIRI PIRI CHICKEN BURGER

MARINATED CHICKEN FILLET SERVED ON A BRIOCHE BUN LAYERED WITH STREAKY BACON, DUBLINER CHEESE, LETTUCE, TOMATO AND PEOPLES PIRI PIRI MAYO. SERVED WITH CHIPS.  
CONTAINS: | G | E | MI | SU |

### ★ GRILLED AUBERGINE LASAGNA **VEGAN!**

MEDITERRANEAN VEGETABLE RAGU, ROAST PEPPER JAM, TAHINI DRESSING  
CONTAINS: | S | SO | SU | M |

### ★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.50 |

**CHICKEN OR VEGETABLE.** WOK-FRIED VEGETABLES, COCONUT, HOMEMADE THAI CURRY PASTE. SERVED WITH RICE OR CHIPS.  
CONTAINS: | F | MI | S | CR |

### ★ FISH 'N CHIPS

FRESH TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE AND CHILI MINT MUSHY PEAS.  
CONTAINS: | E | F | MI |

### ★ CARAMELIZED GOATS CHEESE SALAD

SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING. CHOICE OF SIDE.  
CONTAINS: | E | MI | N |

## SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED | MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | GARLI & THYME ROASTED ROOT VEG |