

EARLY BIRD MENU

| STARTER AND MAIN 28.50 ADD ANY DESSERT 5.50 |

MON TO SAT 5PM-6.30PM SUNDAY 3PM-5.00PM

APPETISERS

★ CRISP FRIED MUSHROOMS



MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.

CONTAINS: | E | MI | M |

CRISPY BEEF & TRUFFLE DIM SUM

TERIYAKI GLAZE, YUZU MAYO & HOUSE SESAME CHILI OIL.

CONTAINS: | P | S | MI | M | G - WHEAT | SU |

★ HOMEMADE BLACK PUDDING CROQUETTES

HOUSEMADE BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON BITS. CONTAINS: | MI | M | E | SU |

★ SPICY BUFFALO WINGS

CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS AND BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |

★ BEETROOT & GOAT'S CHEESE SALAD



CANDIED WALNUTS, MIXED LEAVES, PORT GLAZED BEETROOT PUREE, POACHED APPLE PUREE AND ORANGE.

. CONTAINS: | E | MI | N |

ONION BHAJI STACKER (VEGAN)



INDIAN STYLE ONION & POTATO CRISPY PANCAKES, LOADED WITH CHILI & GARLIC SPINACH, PICKLED CUCUMBER AND BEETROOT, TAHINI DRESSING AND HUMMUS.

CONTAINS: | SU | S |

DESSERTS ADD ANY DESSERT 5.50

PEAR AND APPLE CRUMBLE CONTAINS: | G - WHEAT | E | MI |

HOUSE CUSTARD & VANILLA ICE CREAM.

★ VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE

WITH BERRY COMPOTE. CONTAINS: | E | MI |

CREAMY COCONUT PANNA COTTA

ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA

★ | GLUTEN FREE WITHOUT GRANOLA | CONTAINS: | G - WHEAT | N | MI | AL |

STICKY TOFFEE PUDDING CONTAINS: | E | MI | G - WHEAT |

SALTED CARAMEL SAUCE, CARAMELISED APPLE & VANILLA ICE CREAM.

HONEY AND IRISH WHISKEY CRÈME BRULÉE

CONTAINS: | E | MI | G - WHEAT |

HONEY AND WHISKEY BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.

★ | GLUTEN FREE WITHOUT BISCUIT |

CHEESECAKE OF THE NIGHT CONTAINS: | G - WHEAT | MI |

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

PEOPLE'S

RESTAURANT - CAVAN

SINCE 2016

MAINS

★ SLOW COOKED BEEF CHEEK | SUPPLEMENT €2.00 |

TARRAGON & GARLIC MASH, GARLIC & THYME ROASTED VEG, CARAMELIZED SHALLOTS, RICH RED WINE JUS AND CRISPY KALE.

CONTAINS: | MI | SU | C |

ASIAN STYLE STICKY BBQ PORK CHUNKS

PORK BELLY IN OUR OWN STICKY BBQ SAUCE GARNISHED WITH SESAME SEEDS SERVED WITH ASIAN SLAW, PICKLED SALAD AND BASMATI RICE

CONTAINS: | S | MI | M | N | C | G | GLUTEN FREE AVAILABLE WITH NO SAUCE |

★ SUPREME OF IRISH CHICKEN

SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN, PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB & WHITE WINE CREAM SAUCE.

CONTAINS: | MI | SU | SO |

PEOPLE'S BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE CHARGRILLED AND SERVED IN A BRIOCHE BUN WITH SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.

CONTAINS: | G - WHEAT | E | MI | M |

PEOPLE'S SOUTHERN FRIED CHICKEN BURGER

BUTTERMILK MARINATED CHICKEN BREAST COATED IN SPICY SEASONING, TRUFFLE & PARMESAN MAYO, PICKLED CUCUMBER, ONION CRISPS, LETTUCE, MELTED CHEDDAR AND CRISPY BACON. SERVED WITH CHIPS.

CONTAINS: | G | E | MI | SU | M |

★ CAULIFLOWER STEAK (VEGAN)



GRILLED CAULIFLOWER, ROASTED PEPPER AND SMOKED ALMOND HOUSE PESTO, PICKLED CUCUMBER, TAHINI DRESSING, CARAMELIZED SHALLOTS, CORIANDER OIL AND CHOICE OF SIDE

CONTAINS: | S | N |

★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.50 |

CHICKEN OR VEGETABLE. WOK-FRIED VEGETABLES, COCONUT, HOMEMADE THAI CURRY PASTE. SERVED WITH RICE.

CONTAINS: | F | MI | S |

★ FISH 'N CHIPS

FRESH TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE AND CHILI MINT MUSHY PEAS.

CONTAINS: | E | F | MI |

★ CARAMELIZED GOATS CHEESE SALAD

SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING.

CHOICE OF SIDE. CONTAINS: | E | MI | N |

SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED

| MIXED LEAF SALAD | BASMATI RICE | ONION RINGS |

| GARLI & THYME ROASTED ROOT VEG |

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |