

# EARLY BIRD MENU

| STARTER AND MAIN 27.50 ADD ANY DESSERT 5.00 |

AVAILABLE DAILY 5PM-6.30PM SUNDAY 3PM-6.00PM

## APPETISERS


-  **CRISP FRIED MUSHROOMS**  
MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.  
CONTAINS: | E | MI | M |
- CRISPY BEEF & TRUFFLE DIM SUM**  
TERIYAKI GLAZE, YUZU MAYO, CRISPY SHALLOTS.  
CONTAINS: | S | MI | M | G - WHEAT | SU |
- HOME MADE BLACK PUDDING CROQUETTES**  
HOUSE MADE BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON BITS. CONTAINS: | MI | M | E | SU |
- SPICY BUFFALO WINGS**  
CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, **CELERY** STICKS, BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |

- BEETROOT & GOAT'S CHEESE SALAD**  
 CANDIED WALNUTS, PORT GLAZED BEETROOT PUREE, MIXED LEAVES AND ORANGE. CONTAINS: | E | MI | N |

### STICKY BBQ PORK CHUNKS

PORK BELLY IN OUR OWN STICKY BBQ SAUCE, CELERY DIP.  
CONTAINS: | S | MI | M | N | C | G | GLUTEN FREE AVAILABLE WITH NO SAUCE |

### ONION BHAI STACKER (VEGAN)

 INDIAN STYLE ONION & POTATO CRISPY PAN CAKES, LOADED WITH CHILI & GARLIC SPINACH, PICKLED CUCUMBER AND BEETROOT, TAHINI DRESSING AND HUMMUS.  
CONTAINS: | SU | S |

## DESSERTS

ADD ANY DESSERT 5.00

- PEAR AND APPLE CRUMBLE** CONTAINS: | G - WHEAT | E | MI |  
CINNAMON CUSTARD & VANILLA ICE CREAM.
- VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE**  
WITH BERRY COMPOTE. CONTAINS: | E | MI |
- COCONUT PANNA COTTA** | CONTAINS: | G - WHEAT | N | MI |  
ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA | GLUTEN FREE WITHOUT BISCUIT
- STICKY TOFFEE PUDDING** CONTAINS: | E | MI | G - WHEAT |  
DATE PUREE, SALTED CARAMEL SAUCE,  
CARAMELISED APPLE & VANILLA ICE CREAM.
- HONEY AND IRISH WHISKEY CRÈME BRULÉE** CONTAINS: | E | MI | G |  
HONEY AND WHISKEY BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.  
★ | GLUTEN FREE WITHOUT BISCUIT |
- CHEESE CAKE OF THE NIGHT** CONTAINS: | G | MI |

# PEOPLE'S

RESTAURANT - CAVAN

SINCE 2016

## MAINS

- SLOW COOKED BEEF CHEEK**  
TARRAGON AND GARLIC MASH, GARLIC & THYME RAINBOW CARROTS, ROASTED BUTTERNUT SQUASH, CARAMELIZED SHALLOTS, RICH RED WINE JUS, CRIPY CALE.  
CONTAINS: | MI | SU | C |
- PORK BELLY ROULADE**  
BRAISED PORK BELLY ROULADE, SERVED WITH CELERIAC THREE WAYS – CURRIED PUREE, CONFIT, SPICED CRISPS, BEETROOT PUREE, RED WINE JUS. CHOICE OF SIDE  
CONTAINS: | MI | SU | C | SO | E |
- SUPREME OF CHICKEN**  
SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN, PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB, SWEETCORN CREAM.  
CONTAINS: | MI | SU | SO |

### PEOPLE'S BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE IN BRIOCHE BUN, SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.  
CONTAINS: | G - WHEAT | E | MI | M |

### PEOPLE'S SOUTHERN FRIED CHICKEN BURGER

BUTTER MILK MARINATED CHICKEN BREAST COATED IN SPICY SEASONING, TRUFFLE & PARMESAN MAYO, PICKLED CUCUMBER, ONION CRISPIES, LETTUCE, MELTED CHEDAR, CRISPY BACON, SERVED WITH CHIPS.  
CONTAINS: | G | E | MI | SU | M |

### CHICKEN CAESAR SALAD

GLUTEN FREE WITHOUT CROUTONS | VEGETARIAN WITHOUT BACON  
COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |


### PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.00 |

CHICKEN OR VEGETABLE. SERVED WITH RICE.  
CONTAINS: | F | MI | S |

### FISH 'N CHIPS

FRESHLY TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE & CHILI AND MINT MUSHY PEAS.  
CONTAINS: | E | F | MI |

### CARAMELIZED GOATS CHEESE SALAD

 SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING.  
CHOICE OF SIDE. CONTAINS: | E | MI | N |

## SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED | MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | STEAMED VEG

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

**ALLERGENS:** CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |