

EARLY BIRD MENU

| STARTER AND MAIN 27.50 ADD ANY DESSERT 5.00 |

AVAILABLE DAILY 5PM-6.30PM SUNDAY 3PM-6.00PM

APPETISERS


- ★ **CRISP FRIED MUSHROOMS**
MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.
CONTAINS: | E | MI | M |

- CRISPY BEEF & TRUFFLE DIM SUM**
TERIYAKI GLAZE, YUZU MAYO, CRISPY SHALLOTS.
CONTAINS: | S | MI | M | G - WHEAT | SU |
- ★ **HOME MADE BLACK PUDDING CROQUETTES**
HOUSE MADE BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON BITS. CONTAINS: | MI | M | E | SU |
- ★ **SPICY BUFFALO WINGS**
CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS, BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |
- ★ **BEETROOT & GOAT'S CHEESE SALAD**
CANDIED WALNUTS, PORT GLAZED BEETROOT PUREE, MIXED LEAVES AND ORANGE. CONTAINS: | E | MI | N |


STICKY BBQ PORK CHUNKS

PORK BELLY IN OUR OWN STICKY BBQ SAUCE, CELERY DIP.
CONTAINS: | S | MI | M | N | C | G | GLUTEN FREE AVAILABLE WITH NO SAUCE |

ONION BHAI STACKER (VEGAN)

INDIAN STYLE ONION & POTATO CRISPY PAN CAKES, LOADED WITH CHILI & GARLIC SPINACH, PICKLED CUCUMBER AND BEETROOT, TAHINI DRESSING AND HUMMUS.
CONTAINS: | SU | S |


DESSERTS

ADD ANY DESSERT 5.00

- PEAR AND APPLE CRUMBLE** CONTAINS: | G - WHEAT | E | MI |
CINNAMON CUSTARD & VANILLA ICE CREAM.
- ★ **VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE**
WITH BERRY COMPOTE. CONTAINS: | E | MI |
- ★ **COCONUT PANNA COTTA** | CONTAINS: | G - WHEAT | N | MI |
ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA | GLUTEN FREE WITHOUT BISCUIT
- STICKY TOFFEE PUDDING** CONTAINS: | E | MI | G - WHEAT |
DATE PUREE, SALTED CARAMEL SAUCE,
CARAMELISED APPLE & VANILLA ICE CREAM.
- HONEY AND IRISH WHISKEY CRÈME BRULÉE** CONTAINS: | E | MI | G |
HONEY AND WHISKEY BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.
★ | GLUTEN FREE WITHOUT BISCUIT |
- HAZELNUT PRALINE CHEESE CAKE** CONTAINS: | G | N | MI |
CHOCOLATE GANACHE AND PRALINE MOUSSE SERVED WITH VIENNA NUTS.

PEOPLE'S

RESTAURANT - CAVAN

SINCE 2016

MAINS

- ★ **BRAISED SPIDER BEEF**
SLOW COOKED TENDER CUT OF BEEF FROM HIP BONE, TARRAGON AND GARLIC MASH, WILD MUSHROOM RAGU, RICH RED WINE JUS, CRIPY CALE.
CONTAINS: | MI | SU | C |
- ★ **SLOW ROASTED BONELESS HALF DUCK**
CRISPY HOME MADE BLACK PUDDING BON BON, BUTTERNUT SQUASH PUREE, ROASTED BEETROOT PICKLE, JUS. CHOICE OF SIDE. CONTAINS: | MI | SU | M | C |
- ★ **SUPREME OF CHICKEN**
SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN, PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB, SWEETCORN CREAM.
CONTAINS: | MI | SU | SO |

PEOPLE'S BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE IN BRIOCHE BUN, SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.
CONTAINS: | G - WHEAT | E | MI | M |

PEOPLE'S SOUTHERN FRIED CHICKEN BURGER

BUTTER MILK MARINATED CHICKEN BREAST COATED IN SPICY SEASONING, TRUFFLE & PARMESAN MAYO, PICKLED CUCUMBER, ONION CRISPIES, LETTUCE, MELTED CHEDAR, CRISPY BACON, SERVED WITH CHIPS.
CONTAINS: | G | E | MI | SU | M |

- ★ **CHICKEN CAESAR SALAD**

GLUTEN FREE WITHOUT CROUTONS | VEGETARIAN WITHOUT BACON
COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |


- ★ **PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.00 |**

CHICKEN OR VEGETABLE. SERVED WITH RICE.
CONTAINS: | F | MI | S |

- ★ **FISH 'N CHIPS**

FRESHLY TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE & CHILI AND MINT MUSHY PEAS.
CONTAINS: | E | F | MI |

- ★ **CARAMELIZED GOATS CHEESE SALAD**

SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING.
CHOICE OF SIDE. CONTAINS: | E | MI | N |


SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED | MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | STEAMED VEG

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |