

# EARLY BIRD MENU

# PEOPLE'S

RESTAURANT - CAVAN

SINCE 2016

| STARTER AND MAIN 26.00 ADD ANY DESSERT 4.50 |

FRIDAY AND SATURDAY 5PM-6.30PM SUNDAY 3PM-6.00PM | MONDAY TO THURSDAY SERVED ALL NIGHT |

## APPETISERS



★ CRISP FRIED MUSHROOMS  
MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.  
CONTAINS: | G - WHEAT | E | MI | M |

CRISPY BEEF & TRUFFLE DIM SUM  
TERIYAKI GLAZE, YUZU MAYO, CRISPY SHALLOTS.  
CONTAINS: | S | MI | M | N | G - WHEAT | SU |

★ HOME MADE BLACK PUDDING CROQUETTES  
HOUSE MADE BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE  
MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON  
BITS. CONTAINS: | MI | M | E | SU |

★ SPICY BUFFALO WINGS  
CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS,  
BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |

★ BEETROOT & GOAT'S CHEESE SALAD  
CANDIED WALNUTS, PORT GLAZED BEETROOT PUREE, MIXED LEAVES  
AND ORANGE. CONTAINS: | E | MI | N |

STICKY BBQ PORK CHUNKS  
PORK BELLY IN OUR OWN STICKY BBQ SAUCE, CELERY DIP.  
CONTAINS: | P | S | MI | M | N | C |

## DESSERTS ADD ANY DESSERT 4.50

PEAR AND APPLE CRUMBLE CONTAINS: | G - WHEAT | E | MI |  
CINNAMON CUSTARD & VANILLA ICE CREAM.

★ VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE  
WITH BERRY COMPOTE. CONTAINS: | E | MI |

★ COCONUT PANNA COTTA  
ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA | GLUTEN FREE WITHOUT  
BISCUIT | CONTAINS: | G - WHEAT | N | MI |

STICKY TOFFEE PUDDING CONTAINS: | E | MI | G - WHEAT |  
DATE PUREE, SALTED CARAMEL SAUCE,  
CARAMELISED APPLE & VANILLA ICE CREAM.

★ VANILLA CRÈME BRULÉE CONTAINS: | E | MI | G - WHEAT |  
BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.  
GLUTEN FREE WITHOUT TUILE BISCUITE  
CHEESECAKE OF THE DAY CONTAINS: | G WHEAT | E | MI |

## MAINS

★ 8 OZ SIRLOIN STEAK | SUPPLEMENT 6.50 |  
SERVED WITH GARLIC & THYME MUSHROOM, CRISPY ONIONS, CHOICE OF SIDE  
AND SAUCE. | MI | SU | M |  
| PEPPER SAUCE | MI | SU | | GARLIC BUTTER | MI | | JUS | SU |

★ PORK BELLY ROULADE  
ROASTED CURRIED CAULIFLOWER PUREE, BRAISED RED CABBAGE, HOME MADE  
BLACK PUDDING CRUMB, APPLE COMPOTE AND A RED WINE JUS.  
CHOICE OF SIDE. CONTAINS: | MI | SU | CH | SO | M |

★ SUPREME OF CHICKEN  
SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN,  
PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB,  
SWEETCORN CREAM.  
CONTAINS: | MI | SU | SO |

PEOPLE'S BEEF BURGER "CLASSIC"  
8OZ OF OUR OWN PRIME STEAK MINCE IN BRIOCHE BUN,  
SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION  
CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.  
CONTAINS: | G - WHEAT | E | MI | M |

PEOPLE'S SOUTHERN FRIED CHICKEN BURGER  
BUTTER MILK MARINATED CHICKEN BREAST COATED IN SPICY SEASONING,  
TRUFFLE & PARMESAN MAYO, PICKLED CUCUMBER, ONION CRISPIES, LETTUCE,  
MELTED CHEDAR, CRISPY BACON, SERVED WITH CHIPS.  
CONTAINS: | G | E | MI | SU | M |

★ CHICKEN CAESAR SALAD  
GLUTEN FREE WITHOUT CROUTONS | VEGETARIAN WITHOUT BACON  
COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED  
PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |

★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.00 |  
CHICKEN OR VEGETABLE. SERVED WITH RICE.  
CONTAINS: | F | E | MI | P | S | N |

★ FISH 'N CHIPS  
FRESHLY TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY  
CHIPS, TARTAR SAUCE & CHILI AND MINT MUSHY PEAS.  
CONTAINS: | E | F | MI | M |

★ CARAMELIZED GOATS CHEESE SALAD  
SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE  
NUTS, RED ONION JAM AND CITRUS DRESSING.  
CHOICE OF SIDE. CONTAINS: | E | MI | N |

## SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED  
| MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | STEAMED VEG

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS  
SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |  
| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS |  
SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS | CHEST NUT