

# EARLY BIRD MENU

# PEOPLE'S

RESTAURANT-CAVAN

SINCE 2016

| STARTER AND MAIN 25.00 ADD ANY DESSERT 4.50 |

FRIDAY AND SATURDAY 5PM-6.30PM SUNDAY 3PM-6.00PM | MONDAY TO THURSDAY SERVED ALL NIGHT |

## APPETISERS

### ★ CRISP FRIED MUSHROOMS



MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.

CONTAINS: | G - WHEAT | E | MI | M |

### CRISPY BEEF & TRUFFLE DIM SUM

TERIYAKI GLAZE, YUZU MAYO, CRISPY SHALLOTS.

CONTAINS: | S | MI | M | N | G - WHEAT | SU |

### ★ HOME MADE BLACK PUDDING CROQUETTES

HOUSE MADE BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON BITS. CONTAINS: | MI | M | E | SU |

### ★ SPICY BUFFALO WINGS

CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS, BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |

### ★ BEETROOT & GOAT'S CHEESE SALAD



CANDIED WALNUTS, PORT GLAZED BEETROOT PUREE, MIXED LEAVES AND ORANGE. CONTAINS: | G WHEAT | E | MI | N |

### ★ STICKY BBQ PORK CHUNKS

PORK BELLY IN OUR OWN STICKY BBQ SAUCE, CELERY DIP.

CONTAINS: | P | S | MI | M | N | C |

## DESSERTS ADD ANY DESSERT 4.50

PEAR AND APPLE CRUMBLE CONTAINS: | G - WHEAT | E | MI |  
CINNAMON CUSTARD & VANILLA ICE CREAM.

### ★ VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE

WITH BERRY COMPOTE. CONTAINS: | E | MI |

### ★ COCONUT PANNA COTTA

ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA | GLUTEN FREE WITHOUT BISCUIT | CONTAINS: | G - WHEAT | N | MI |

STICKY TOFFEE PUDDING CONTAINS: | E | MI | G - WHEAT |

DATE PUREE, SALTED CARAMEL SAUCE,  
CARAMELISED APPLE & VANILLA ICE CREAM.

### ★ VANILLA CRÈME BRULÉE CONTAINS: | E | MI | G - WHEAT |

BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.

GLUTEN FREE WITHOUT TUILE BISCUIT

CHEESECAKE OF THE DAY CONTAINS: | G WHEAT | E | MI |

## MAINS

### ★ 8 OZ SIRLOIN STEAK | SUPPLEMENT 6.00 |

SERVED WITH GARLIC & THYME MUSHROOM, CRISPY ONIONS, CHOICE OF SIDE AND SAUCE. | MI | SU | M |

| PEPPER SAUCE | MI | SU | | GARLIC BUTTER | MI | | JUS | SU |

### ★ PORK BELLY ROULADE

ROASTED CURRIED CAULIFLOWER PUREE, BRAISED RED CABBAGE, HOME MADE BLACK PUDDING CRUMB, APPLE COMPOTE AND A RED WINE JUS.

CHOICE OF SIDE. CONTAINS: | MI | SU | CH | SO | M |

### ★ SUPREME OF CHICKEN

SERVED WITH OUR HOMEMADE BLACK PUDDING, PRESSED POTATO GRATIN, PORT GLAZED BEETROOT PUREE, BUTTERED GREENS, BACON CRUMB, SWEETCORN CREAM.

CONTAINS: | MI | SU | SO |

### PEOPLE'S BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE IN BRIOCHE BUN, SMOKED BACON, LETTUCE, MELTED CHEDDAR, SLICED VINE TOMATO, ONION CRISPS & HOUSE BURGER SAUCE. SERVED WITH CHIPS.

CONTAINS: | G - WHEAT | E | MI | M |

### PEOPLE'S SOUTHERN FRIED CHICKEN BURGER

BUTTER MILK MARINATED CHICKEN BREAST COATED IN SPICY SEASONING, TRUFFLE & PARMESAN MAYO, PICKLED CUCUMBER, ONION CRISPIES, LETTUCE, MELTED CHEDAR, CRISPY BACON, SERVED WITH CHIPS.

CONTAINS: | G | E | MI | SU | M |

### ★ CHICKEN CAESAR SALAD

GLUTEN FREE WITHOUT CROUTONS | VEGETARIAN WITHOUT BACON

COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |

### ★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.00 |

CHICKEN OR VEGETABLE. SERVED WITH RICE.

CONTAINS: | F | E | MI | P | S | N |

### ★ FISH 'N CHIPS

FRESHLY TEMPURA GINGER BEER BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE & CHILI AND MINT MUSHY PEAS.

CONTAINS: | E | F | MI | M |

### ★ CARAMELIZED GOATS CHEESE SALAD



SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING.

CHOICE OF SIDE. CONTAINS: | E | MI | N |

## SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED  
| MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | STEAMED VEG

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS

SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS |  
SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS | CHEST NUT