

# EARLY BIRD MENU

| STARTER AND MAIN 25.00 ADD ANY DESSERT 4.50 |

FRIDAY AND SATURDAY 5PM-6.30PM SUNDAY 3PM-6.00PM | MONDAY TO THURSDAY SERVED ALL NIGHT |

## APPETISERS



### CRISP FRIED MUSHROOMS

MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.

CONTAINS: | G - WHEAT | E | MI | M |

### BLACK PUDDING CROQUETTES

AWARD WINNING BLACK PUDDING SERVED WITH CASHEL BLUE CHEESE MAYO, POACHED APPLE AND RED ONION PUREE AND CRISPY BACON BITS

CONTAINS: | G - WHEAT, BARLEY | MI | M | E | SU |

### ★ SATAY CHICKEN

CRISP CHICKEN PIECES IN SATAY SAUCE, INDIAN SPICED VEGETABLE PICKLE, MICRO LEAVES. CONTAINS: | P | S | MI | M | N |

### ★ SPICY BUFFALO WINGS

CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS, BLUE CHEESE DIP. CONTAINS: | E | MI | M | C |



### BEETROOT & GOAT'S CHEESE SALAD

CANDIED WALNUTS, PORT GLAZED BEETROOT PUREE, MIXED LEAVES AND ORANGE. CONTAINS: | G WHEAT | E | MI | N |

### SMOKED HADDOCK FISH CAKE

COATED IN HOUSE CRUMB SERVED WITH GARLIC AND MINT PEA PUREE, RAMEN EGG MARINATED IN SOY GINGER AND GARLIC WITH TARRAGON CREAM

CONTAINS: | G | F | MI | E | SO



### FALAFEL BON BON VEGANI

PORT GLAZED BEETROOT PUREE, HERB OIL, GRILLED COURGETTE AND WILTED SPINACH.

CONTAINS: | S |

### ★ STICKY BBQ PORK CHUNKS

PORK BELLY PIECES IN OUR OWN STICKY BBQ SAUCE, GARLIC DIP.

CONTAINS: | P | S | MI | M | N |

## DESSERTS

PEAR AND APPLE CRUMBLE CONTAINS: | G - WHEAT | E | MI | CINNAMON CUSTARD & VANILLA ICE CREAM.

### ★ VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE

WITH BERRY COMPOTE. CONTAINS: | E | MI |

### ★ COCONUT PANNA COTTA

ALMOND GRANOLA TOPPED WITH PINEAPPLE AND KIWI SALSA | GLUTEN FREE WITHOUT BISCUIT | CONTAINS: | G - WHEAT | N | MI |

STICKY TOFFEE PUDDING CONTAINS: | E | MI | G - WHEAT |

DATE PUREE, SALTED CARAMEL SAUCE, CARAMELISED APPLE & VANILLA ICE CREAM.

CHEESECAKE OF THE DAY CONTAINS: | G WHEAT | E | MI |

PLEASE ASK YOUR SERVER.

### ★ VANILLA CRÈME BRULEE CONTAINS: | E | MI | G - WHEAT |

BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE.

GLUTEN FREE WITHOUT TUILE BISCUITE

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |

## MAINS

### ★ 8 OZ SIRLOIN STEAK | SUPPLEMENT 5.00 |

SERVED WITH GARLIC & THYME MUSHROOM, CRISPY ONIONS, CHOICE OF SIDE AND SAUCE. | MI | SU | M |

| PEPPER SAUCE | MI | SU | | GARLIC BUTTER | MI | | JUS | SU |

### ★ SLOW COOKED BEEF CHEEK | SUPPLEMENT 2.00 |

HONEY & THYME ROASTED ROOT VEG, BUTTERNUT SQUASH PUREE, CREAMY GARLIC MASH, KALE CRISPS.

CONTAINS: | MI | SU |

### ★ CHICKEN CAESAR SALAD | GLUTEN FREE WITHOUT CROUTONS |

COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |

### ★ PEOPLES THAI CURRY | ADD TIGER PRAWNS 5.00 | ADD CHIPS 1.50 |

| VEG CURRY SERVED WITH ROASTED CHICK PEA AND LENTIL PUREE |



CHICKEN OR VEGETABLE. SERVED WITH RICE.

CONTAINS: | F | E | MI | P | S | N |

### ★ FISH 'N CHIPS

FRESHLY BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE & MUSHY PEAS. CONTAINS: | F | E | MI | M |

### BEEF BURGER "CLASSIC"

8OZ OF OUR OWN PRIME STEAK MINCE IN SEEDED BUN, SMOKED BACON, LETTUCE, WHITE CHEDDAR, SLICED VINE TOMATO, CRISPY ONION & HOUSE RELISH. SERVED WITH CHIPS

CONTAINS: | G - WHEAT | E | MI | M |

### PEOPLE'S CHICKEN BURGER

SOUTHERN FRIED CHICKEN BREAST IN BRIOCHE BUN, SMOKED BACON, LETTUCE, RED CHEDDAR, SLICED VINE TOMATO, CRISPY ONION & ROAST RED PEPPER MAYO. SERVED WITH CHIPS

CONTAINS: | G WHEAT | E | MI | M | S U |

### PEOPLE'S HALLOUMI BURGER

HALLOUMI CHEESE, LETTUCE, MIXED BABY LEAVES, ROAST COURGETTES, VINE TOMATO, CRISPY ONION.. SERVED WITH CHIPS

CONTAINS: | G - WHEAT | E | MI | M | N |



### ★ SUPREME OF CHICKEN

WITH SWEET POTATO PUREE, PUY LENTILS, CHORIZO AND VEG RAGU, WHITE WINE SAUCE, WILTED SPINACH, CHOICE OF SIDE.

CONTAINS: | MI | SU | SO |

### ★ CRISPY BELLY OF PORK

PORT GLAZED BEETROOT PUREE, CREAMY SAVOY CABBAGE WITH SMOKED PANCETTA, ROASTED CHESTNUT AND A RED WINE JUS. CHOICE OF SIDE.

CONTAINS: | MI | SU | CH | SO | M |

### ★ CARAMELIZED GOATS CHEESE SALAD

SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING.

CHOICE OF SIDE. CONTAINS: | E | MI | N |



## SIDES

| HOMEMADE CHIPS | CREAMY MASH POTATO | GARLIC CHIPS | BABY BOILED | MIXED LEAF SALAD | BASMATI RICE | ONION RINGS | STEAMED VEG

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS | SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS | CHEST NUT

