

PEOPLE'S RESTAURANT

ALLERGENS: CEREALS CONTAINING GLUTEN | NUTS | CRUSTACEANS | CELERY | EGGS | MUSTARD | FISH | SESAME SEEDS | PEANUTS |
SULPHUR DIOXIDE AND SULPHITES | SOYBEANS | LUPIN | MILK & LACTOSE | MOLLUSCS |

EARLY BIRD MENU

| 2 COURSE MEAL 21.50 | 3 COURSE MEAL 26.00 | | FRIDAY AND SATURDAY 5PM-7PM, SUNDAY – THURSDAY SERVED ALL NIGHT |




APPETISERS

- ★ **SOUP OF THE NIGHT**
SERVED WITH CRISPY BREAD.
CONTAINS: | G | GLUTTEN FREE BREAD AVAILABLE
- ★ **TOMATO & BASIL BRUSCHETTA**
GRILLED GARLIC BREAD, TOMATO & BASIL SALSA, TIPPERARY BRIE.
CONTAINS: CONTAINS: | G | MI | N | | GLUTEN FREE BREAD AVAILABLE |
- ★ **SATAY CHICKEN**
CRISP CHICKEN PIECES IN SATAY SAUCE, INDIAN SPICED VEGETABLE PICKLE, MICRO LEAVES. CONTAINS: | P | S | MI |
- BLACK PUDDING CROQUETTE**
CASHEL BLUE CHEESE, POACHED PEAR, RED ONION MARMALADE.
CONTAINS: | G | MI | M | E |
-  **CRISP FRIED MUSHROOMS**
MIXED LEAVES SALAD, GARLIC & PARSLEY MAYO.
- ★ **SPICY BUFFALO WINGS**
CRISPY CHICKEN WINGS IN OUR OWN BUFFALO SAUCE, CELERY STICKS, BLUE CHEESE DIP. CONTAINS: | E | MI | M |
- SMOKED HADDOCK & POTATO FISH CAKE**
PEA PUREE, POACHED EGG AND HOLLANDAISE SAUCE. CONTAINS: | F | E | MI | M | SU |
-  **BEETROOT & GOATS CHEESE SALAD**
CANDIED WALNUTS, MIXED LEAVES AND ORANGE. CONTAINS: | G | E | MI | N |
- ★ **TEMPURA VEGETABLES**
FRESH VEGETABLES IN TEMPURA BATTER, SWEET CHILLI & SESAME SAUCE, THAI PICKLED VEGETABLE SALAD. CONTAINS: | E | S |

DESSERTS

- PEAR AND APPLE CRUMBLE** CONTAINS: | G | E | MI |
CINNAMON CUSTARD & VANILLA ICE CREAM.
- ★ **VANILLA ICE CREAM WITH HONEYCOMB CRUMBLE**
WITH BERRY COMPOTE. CONTAINS: | E | MI |
- ★ **BUTTERMILK & FOREST FRUIT PANNA COTTA**
CHOCOLATE CRUMB, BERRY ICE CREAM, BRANDY SNAP BISCUIT.
GLUTTEN FREE WITHOUT BISCUIT
- STICKY TOFFEE PUDDING** CONTAINS: | E | MI |
DATE PUREE, SALTED CARAMEL SAUCE,
CARAMELISED APPLE & VANILLA ICE CREAM.
- BANOFFEE CHEESECAKE** CONTAINS: | G | E | MI |
CARAMELIZED BANANA, GINGER BISCUIT.
- ★ **VANILLA CRÈME BRULÉE** CONTAINS: | E | MI |
BAKED CUSTARD WITH CARAMEL CRUST & CITRUS TUILE. | G |
GLUTTEN FREE WITHOUT TUILE BISCUITE

MAINS

- ★ **8 OZ SIRLOIN STEAK** | SUPPLEMENT 4.00 |
ONION SHELLS | MI |, GRILLED GARLIC & THYME MARINATED MUSHROOMS, ONION CRISPS AND CHOICE OF SIDE AND SAUCE:
| PEPPER SAUCE | MI | | GARLIC BUTTER | MI | | JUS
ALL OUR SUACES ARE GLUTTEN FREE
- ★ **SLOW COOKED BEEF CHEEK**
GLAZED ROOT VEGETABLES, GARLIC MASH, GUINNESS AND TRECACLE SAUCE. CONTAINS: | G | E | MI | M |
- ★ **CHICKEN CAESAR SALAD** GLUTTEN FREE WITHOUT CROUTONS
COS LETTUCE, CRISPY BACON, HERB CROUTONS, CAESAR DRESSING, GRATED PARMESAN. CHOICE OF POTATO. CONTAINS: | G | E | MI | M |
-  **THAI RED CURRY** | ADD TIGER PRAWNS 5.00 | ADD CHIPS 1.50
CHICKEN OR VEGETABLE, SERVED WITH RICE. CONTAINS: | F | E | MI | P | S |
- ★ **FISH 'N CHIPS**
FRESHLY BATTERED HADDOCK SERVED WITH CHUNKY CHIPS, TARTAR SAUCE & MUSHY PEAS. CONTAINS: | F | E | MI | M |
- PEOPLE'S BEEF BURGER**
8OZ OF OUR OWN PRIME STEAK MINCE IN SEEDED BUN, SMOKED BACON, LETTUCE, WHITE CHEDDAR, SLICED VINE TOMATO, ONION RING & HOUSE RELISH. CHOICE OF SIDE.
CONTAINS: | G | E | MI | M |
- PEOPLE'S CHICKEN BURGER**
GARLIC & HERB MARINATED CHICKEN BREAST IN SEEDED BUN, SMOKED BACON, LETTUCE, WHITE CHEDDAR, SLICED VINE TOMATO, ONION RING & GARLIC MAYONNAISE. CHOICE OF SIDE.
CONTAINS: | G | E | MI | M |
-  **PEOPLE'S HALLOUMI BURGER**
HALLOUMI CHEESE, LETTUCE, MIXED BABY LEAVES, ROAST COURGETTES, VINE TOMATO, ONION RING, HOUSE RELISH. CHOICE OF SIDE.
CONTAINS: | G | E | MI | M |
- ★ **BREAST OF IRISH CHICKEN**
WILTED SPINACH, ROAST BUTTERNUT SQUASH, WHITE WINE SAUCE. CHOICE OF SIDE. CONTAINS: | MI | SU |
- PORK BELLY STUFFED WITH BLACK PUDDING**
PICKLED APPLES & SHALLOTS, BRAISED RED CABBAGE, KALE, SPICED SWEET POTATO PUREE, RED WINE REDUCTION. CHOICE OF SIDE. CONTAINS: | G |
-  **CARAMELIZED GOATS CHEESE SALAD**
SERVED WITH BABY LEAF SALAD, BEETROOT, POACHED PEARS, TOASTED PINE NUTS, RED ONION JAM AND CITRUS DRESSING. CHOICE OF SIDE. CONTAINS: | E | MI | N |

| OUR FOOD IS PREPARED IN THE SAME KITCHEN AS COMMON ALLERGENS SO TRACES MAY BE FOUND IN OUR DISHES |

| TO PREVENT ANY MISUNDERSTANDINGS, OUR SERVERS ARE NOT PERMITTED TO SEPARATE BILLS |

| PLEASE ALWAYS INFORM YOUR SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS |

| ALL OUR BEEF IS 100% IRISH |